E Technical sheet OPTIMA 3

SPECIFICATIONS

- 3 hemispherical electrodes, 3 individual plugs
- Connection: 2mm female banana plug
- Diameter: 2.7 cm
- Length: 12.5 cm
- Weight: 21g
- Nickel-free

PRESENTATION

Its special pad shape makes it easy to position in the vagina, guaranteeing a perfect fit.

The proximal part fits easily into the posterior vaginal area and the body of the probe, while its body provides anterior intracavitary stability.

PRACTICAL BENEFITS OF THE PROBE

- 1 Electrical stimulation SEF
- Classic bilateral R & L stimulation
- Unilateral R or L stimulation
- Proximal or distal stimulation
- Individualized pacing

2 - Biofeedback - BFB/EMG

2

 Recording of electrical muscle activity in supine or orthostatic position

1

2

3

3

 Selective D or G recording by turning the probe around

THERAPEUTIC APPLICATIONS OF THE PROBE

1 - Electrical stimulation - SEF

- Direct perineal muscle deficiency
- Phasic and/or tonic perineal muscle strengthening
- Unilateral analgesic treatment
- → Deep analgesic treatment
- 2 Biofeedback BFB/EMG
 - → Global or lateral perineal awareness
 - → Detection and measurement of bilateral or unilateral muscular insufficiency

- Unilateral hypotonicity
- → Sphincter urethral insufficiency
- Lowered bladder hyperactivity
- → Lateral and punctual perineal proprioceptivity
- Checking progress of bilateral or asymmetric recovery
 - Control of reflex and voluntary locking under stress

NB: each banana plug has 2 cups and 1 bulge, corresponding to the electrode on the probe (1, 2, 3).



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